

- ff. 1-2 A Prayer to be said when we desire to have true Contrition: O most worthy redeemer and Saviour of Mankind ... one ever Liveing god, be all honour & glory Now & forever, Amen.
- ff. 2^v -3 A prayer to Our blessed Saviour To be dayly said at the least in the morning & Evening: O most mercyfull Lord and Saviour Jesus Christ ... And inflame our hearts with thy Divine love & Obedience To fulfil thy most holy will, Amen.
- ff. 3-6 An Oblation to god the father to be made Every Morning and Evening: O my most mercyfull Lord and Saviour Jesus Christ ... the things (good Lord) That I pray for, give me thy grace to Labour for, Amen.
- f. 6^v An act of Obedience: I: N: N: who of my selfe cannot thinke so much as a Good thought ... in the name of the blessed Trinity, Father, Sonn, and holy Ghost.
- f. 7 An Act of Charity: My Lord God The Chiefest good of all his Creatures ... and for the Love I bear vnto him.
- ff. 7-8^v An Act of Resignation: Mercyfull Jesus Thy Divine will be now & ever fulfilled ... and farr more perfectly than I have purposed the Same, Amen, So be it.
- ff. 9-18 A Devout Dialogue betweene Christ Jesus Master & Mirroure of all perfection and Theodulus Desireous to attaine to true peace of Conscience & perfect Quietnes of Minde: Theodulus. So careles is man grown in Matters concerning his eternall Good ... To whom be all Honour praise and thanksgiving, for ever and ever World without end, Amen.
- f. 18^v Esurivit Xtus Qui omnes puscit ... Tanta divinae Majestatis Celsitudo descendere dignata est. Bernardus.
- f. 19 [Prayer]: the Son, come therefore o most sweet Comforter of my sorrowful Soul ... and my imbecilley and weaknes to thy divine puissance through Jesus Christ our Saviour, Amen.
- ff. 19^v-22^v A Pray^r to our Redeem^r: O sweet Jesus son of the living god ... then shall they lay Calves upon thy Altar. Glory be to the Father, &c.
- f. 23 [Prayer]: Lord my God, thou art all that I can desire ... and didest know me before the World was made, and before I was born in the World.
- f. 23^{f-v} A Blessing to be used at the end of all your daily Pray^r: The Imperial majesty of God, bless me ... The virtue of the Holy Ghost illuminate and sanctifie me, this night, and ever more, Amen.
- f. 24^v Fides tua Iustitia tua est ... et Vincentem coronat. Augustinus.